

North American Feis Committee RULES, effective January 1, 2010

- In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- Competitions are open to all but those holding a TMRF, TCRG or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiún as a Dancing Teacher category.
- A competitor may be disqualified for any of the following reasons:
 - Conduct unbecoming a lady or gentleman.
 - Failure to report on time to competition (penalty: disqualification from said event).
 - Falsification of age or other important facts (ie. number, award winning, competing under another competitor's name or teacher, etc.)
 Penalty for (a) and (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Féisanna for a period of one year, beginning at the date of the occurrence.
- Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to situation where competitors are involved in stage conflicts.
 Solo Competitors: (Beginner, Advanced Beginner, Novice or Prizewinner)
 - must compete in their own age group.
 - must be prepared to perform two steps in each event.
 - cannot change competition on the day of the Feis.
 The Standard Age Groups, all levels are contained in the handbook.
- Steel taps or bubble heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis, Beginner, and Advanced Beginner must wear a dress costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships; use of plastic number covers is discouraged.
- Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- Complaints must be in writing, stating names and other factual information and signed by complainant. A \$10 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- The Feis reserves the right to reject any entry for just cause, to cancel all or part of the Feis and to limit competitors' performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing or else the entry will be rejected. Entries must be post-marked on or before the dosing date or they will be subject to a late fee of \$10.00 per competitor.
- Entrants in any Championship event may not enter in any other Grade events, but may enter in Figure Dances. Entrants in Championships should specify on the entry form their choice of set dance. Entrants in Championships should specify on the day of the competition.
 - Dancers must qualify for open championship with two 1st place wins
 - Dancers must compete in preliminary championship in order to qualify for open championship.
- Combining male and female dancers is left to the discretion of each region. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - have placed 1st in each of the open (Prizewinner) solo categories; and
 - have placed won 1st, 2nd, or 3rd in Open Championship
 A dancer who wins two 1st place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved in any age category in the following years. Only in the case of back-to-back Féisanna (successive days) will a 1st place win in the first Feis not change the dancer's status for the second Feis.
- A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe – to the dancer's choice.
 Standard Age Groups for Preliminary Championships – See Handbook.
- Preliminary Championship competitions may be combined.
 Standard Age Groups for Preliminary Championships – See Handbook.
- First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- The status of a dancer does not change unless there are more than five dancers in the competition.
- Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
- Beginner Grads: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
 Advanced Beginner Grads: An advanced beginner who wins 1st, 2nd, or 3rd place

will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or as a Novice

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

Teachers or team captains are responsible for ensuring their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.

In matters pertaining to adjudication, the adjudicator's decision is FINAL.

Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner may choose between traditional and Oireachtas speeds.

The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).

No block, no Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.

Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries. One third of which are to be from outside the region where the Feis is being held.

Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.

No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

Eastern Canadian Region Rules

- Competitions with five (5) or fewer solo or team entries (a full team being a single entry) must be combined with the next highest age group.
- Competitions with 30 or more competitors/teams will be split by birth year.
- Competitions with fewer than 30 competitors/teams must not be split.
- Boys and girls must be combined in all grades.
- Preliminary Championship: In addition to NAFC rule #14, a Preliminary Championship dancer is one who has achieved 1st place in four dances (Reel, Slip Jig, Treble Jig and Hornpipe) in the Prizewinner Grade.
- Preliminary Championship dancers in Under 8 and Under 9 must dance a traditional set dance from the An Coimisiún le Rind Gaelsaíochta approved list.
- Preliminary Championship traditional sets will be danced three at a time, where stage size permits; otherwise, they will be danced two at time.
- Open Championship traditional sets will be danced one at a time.
- When a Prizewinner set dance competition is offered, at the time of entry, dancers must be qualified for the Prizewinner grade in at least three of the following: reel, slip jig, treble jig, hornpipe – and be registered to compete in those dances at the Feis.
- All dancers (solo and teams), must be in full costume and correct shoes for award presentations.

ENTRY FORM (accepted on-line also)

1st Competitor	
Last Name:	
First Name:	
Birth Date (dd/mm/yyyy):	
Age (as of 01/01/2010):	
Street Address:	
City:	
Prov./State:	
Postal/Zip Code:	
Telephone:	
Email:	
Dance School:	
Competitions:	
Prelim/Champ:	Circle one (A, B, C or D): A R / HP B R / TJ C SJ / TJ D SJ / HP
Set Dance:	

2nd Competitor	
Last Name:	
First Name:	
Birth Date (dd/mm/yyyy):	
Age (as of 01/01/2010):	
Competitions:	
Prelim/Champ:	Circle one (A, B, C or D): A R / HP B R / TJ C SJ / TJ D SJ / HP
Set Dance:	

FIGURE DANCING COMPETITIONS

4-Hands must be from An Rince Foirne
2-hand and 3-hand length: 8 bar Intro plus 48 bars

GIRLS & BOYS	2-H Reel	3-H Reel	4-H Jig/Reel
U 9	F9-2	F9-3	F9-4
U 12	F12-2	F12-3	F12-4
U 15	F15-2	F15-3	F15-4
15 & O	F99-2	F99-3	F99-4

Tír Na Nóg (Under 6 Years) No Fee

Non-competitive event for dancers who have never competed at any grade level, no costumes, makeup or wigs permitted; Irish dancing shoes not required.

Reel
U6-TNN

BEGINNER COMPETITIONS

BOYS & GIRLS	Reel	L/Jig	Slip Jig	Single Jig
U 5	B5R	B5L	B5S	B5X
U 6	B6R	B6L	B6S	B6X
U 7	B7R	B7L	B7S	B7X
U 8	B8R	B8L	B8S	B8X
U 9	B9R	B9L	B9S	B9X
U 10	B10R	B10L	B10S	B10X
U 11	B11R	B11L	B11S	B11X
U 12	B12R	B12L	B12S	B12X
12 & O	B99R	B99L	B99S	B99X

ADVANCED BEGINNERS COMPETITIONS

BOYS & GIRLS	Reel	L/Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St Pat's Day
U 6	A6R	A6L	A6S	A6X	A6T	A6H	A6P
U 7	A7R	A7L	A7S	A7X	A7T	A7H	A7P
U 8	A8R	A8L	A8S	A8X	A8T	A8H	A8P
U 9	A9R	A9L	A9S	A9X	A9T	A9H	A9P
U 10	A10R	A10L	A10S	A10X	A10T	A10H	A10P
U 11	A11R	A11L	A11S	A11X	A11T	A11H	A11P
U 12	A12R	A12L	A12S	A12X	A12T	A12H	A12P
12 & O	A99R	A99L	A99S	A99X	A99T	A99H	A99P

* Traditional speeds only will be offered for hardshoe dances

NOVICE COMPETITIONS

BOYS & GIRLS	Reel	Lt Jig	Slip Jig	Treble Jig	Horn Pipe	Trad. Set
U 7	N7R	N7L	N7S	N7T	N7H	N7D
U 8	N8R	N8L	N8S	N8T	N8H	N8D
U 9	N9R	N9L	N9S	N9T	N9H	N9D
U 10	N10R	N10L	N10S	N10T	N10H	N10D
U 11	N11R	N11L	N11S	N11T	N11H	N11D
U 12	N12R	N12L	N12S	N12T	N12H	N12D
U 13	N13R	N13L	N13S	N13T	N13H	N13D
U 14	N14R	N14L	N14S	N14T	N14H	N14D
U 15	N15R	N15L	N15S	N15T	N15H	N15D
15 & O	N99R	N99L	N99S	N99T	N99H	N99D

Competition	Fees	Cost
Solo Dances	\$ 8.00	
Figure Dance	\$ 8.00	
Prelim	\$27.00 (2 rounds)	
Prelim Set Dance	\$ 8.00	
Championship	\$35.00 (3 rounds)	
Music/Art	\$ 8.00	
- OR - Family Maximum	\$90.00	
Family Admission Fee	\$15	
Sub-Total		

Late Fees (after Sept 17)	\$10.00/dancer
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GRAND TOTAL

****REMINDER:** RESULTS PROVIDED BY Valerie Westemacher. ALL RESULTS will be available for pick up at the feis. Grade results are available after last dance of the day. Prelim/champ results ready after awards presentations.

**Entries accepted online
Payment accepted by mail only**

Visit www.reaneyacademy.com

**Entry payment deadline:
Postmarked by Sept. 17, 2010**

Phone inquiries: 905-632-3245
Email inquiries: gfeis@reaneyacademy.com

Fees are as follows:	
Figures & Solo Dances	\$ 8.00 ea.
Preliminary	\$ 27.00 (2 rounds)
Championship	\$ 35.00 (3 rounds)
Maximum per Family	\$ 90.00
Family Admission	\$15.00

- Entries must be in same envelope to receive Family Maximum and excludes admission fee, treble reel, trophy specials, figures or late fees, if applicable.
- All fees are payable in Canadian dollars.
- Due to processing costs, US funds (cash, cheques, money orders) will only be accepted AT PAR.
- There will be **no changes** to entries accepted on the day of the feis.
- **NSF fee \$20**

Cheques Payable to:
HAMILTON-WENTWORTH FEIS ASSOC.
Mail Entries to:
Golden Horseshoe Feis
c/o Gary Brown
604 Woodview Rd., Burlington, ON
L9C 2G7
Canada

PRIZEWINNER (OPEN) COMPETITIONS

GIRLS & BOYS	Reel	Slip Jig	Treble Jig	Horn Pipe	Trad. Set
U 8	P8R	P8S	P8T	P8H	P8D
U 9	P9R	P9S	P9T	P9H	P9D
U 10	P10R	P10S	P10T	P10H	P10D
U 11	P11R	P11S	P11T	P11H	P11D
U 12	P12R	P12S	P12T	P12H	P12D
U 13	P13R	P13S	P13T	P13H	P13D
U 14	P14R	P14S	P14T	P14H	P14D
U 15	P15R	P15S	P15T	P15H	P15D
U 16	P16R	P16S	P16T	P16H	P16D
16 & O	P99R	P99S	P99T	P99H	P99D

**PRELIMINARY CHAMPIONSHIPS
(REEL/SLIP/JIG, TREBLE JIG/HORNPIPE)**

BOYS & GIRLS
See ECR Rule #4
Sashes will be awarded

U 8	PC 8
U 10	PC 10
U 11	PC 11
U 12	PC 12
U 14	PC 14
U 16	PC 16
16 & O	PC 99

PRELIMINARY SET DANCE

BOYS & GIRLS
See ECR Rule #6

U 9	PC 9S
(Trad set)	
U 10	PC 10S
U 11	PC 11S
U 12	PC 12S
U 14	PC 14S
U 16	PC 16S
16 & O	PC 99S

**CHAMPIONSHIP COMPETITIONS
(REEL/SLIP/JIG, TREBLE JIG/HORNPIPE, SET)**

See ECR Rule #7
Sashes will be awarded

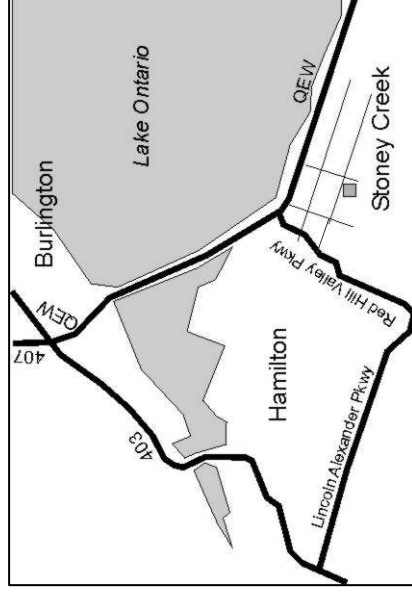
U 11	C 11
U 12	C 12
U 14	C 14
U 16	C 16
U 18	C 18
18 & Over	C 99

MUSIC AND ART/CRAFT COMPETITIONS (IRISH THEME)

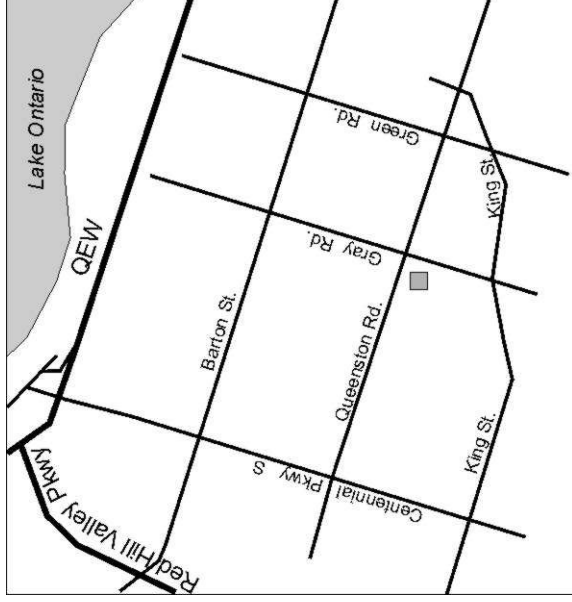
RULES:

1. Entry fee is \$8.00 per competition, except soda bread
2. Traditional theme required
3. No sheet music for permitted for vocal/instrumental
4. Any instrument permissible
5. Vocal: Gaelic or English
6. Entries may be split on the day

	SODA BREAD	VOCAL	INSTRUMENTAL	ART/CRAFT
Under 12	1 item	1 item-1pm	1 item-1pm	2pm
Over 12	BRD 12	VOC 12	MUS 12	ART 12
Over 12	BRD 99	VOC 99	MUS 99	ART 99



Cardinal Newman Catholic Secondary School
127 Gray Rd., Stoney Creek, ON



From Toronto area: QEW to Centennial Parkway S exit. Merge onto Centennial Pkwy. Left on Queenston Rd./Hwy 8. Right on Gray Rd.

From London/Brantford (west): Hwy 403 to exit 64/Lincoln Alexander Pkwy E. Take exit at Queenston Rd. Right on Queenston Rd./Hwy8 to Gray Rd. Right on Gray Rd.

From Niagara corridor (east): QEW to Fruitland Rd. exit. Left (south) on Fruitland to Hwy 8. Right on Hwy 8 to Gray Rd. Left on Gray Rd.

11th Annual



Sunday, Sept. 26, 2010
Stoney Creek, Ontario

Cardinal Newman Catholic Secondary School
127 Gray Rd., Stoney Creek, Ontario

Presented by the
Hamilton-Wentworth Feis Association
A Non-Profit Corporation

>> **LIMITED TO FIRST 600 PAID ENTRIES <<**

ENTRY DEADLINE POSTMARKED BY SEPTEMBER 17, 2010
NO ENTRIES or ENTRY CHANGES ON DAY OF FEIS
(Except music/art)

Music/Art entries accepted until 10 am on day of feis

Competitions commencing at 8:30 AM
with figures

Judges will be posted on website

Dancing Awards Venues for M.A.F.C. 2010

Jerry Campbell Perpetual Belt: NAFC Senior Irish Dance Championship
Feile Samhain, Portland, OR, November 30-31, 2010

Robert Gabor Perpetual Trophy: NAFC Junior Irish Dance Championship
Rose City Feis, Windsor, ON, August 14, 2010

George Sweetnam Memorial Trophy: NAFC Minor Irish Dance Championship
Chicago Autumn Feis, Chicago, IL, November 6, 2010

Member of the North American Feis Commission
Pat Watkins, President

Registered with An Comisiun Le Rinci Gaelacha